



PROFESSIONAL DEVELOPMENT ACTIVITY MENTORING IN NEW DIMENSIONS -MIND

30.05 – 05.06.2023

Velestovo, Ohrid, North Macedonia



Co-funded by the
Erasmus+ Programme
of the European Union



**"STOP DREAMING
AND START
DOING"**



DATES

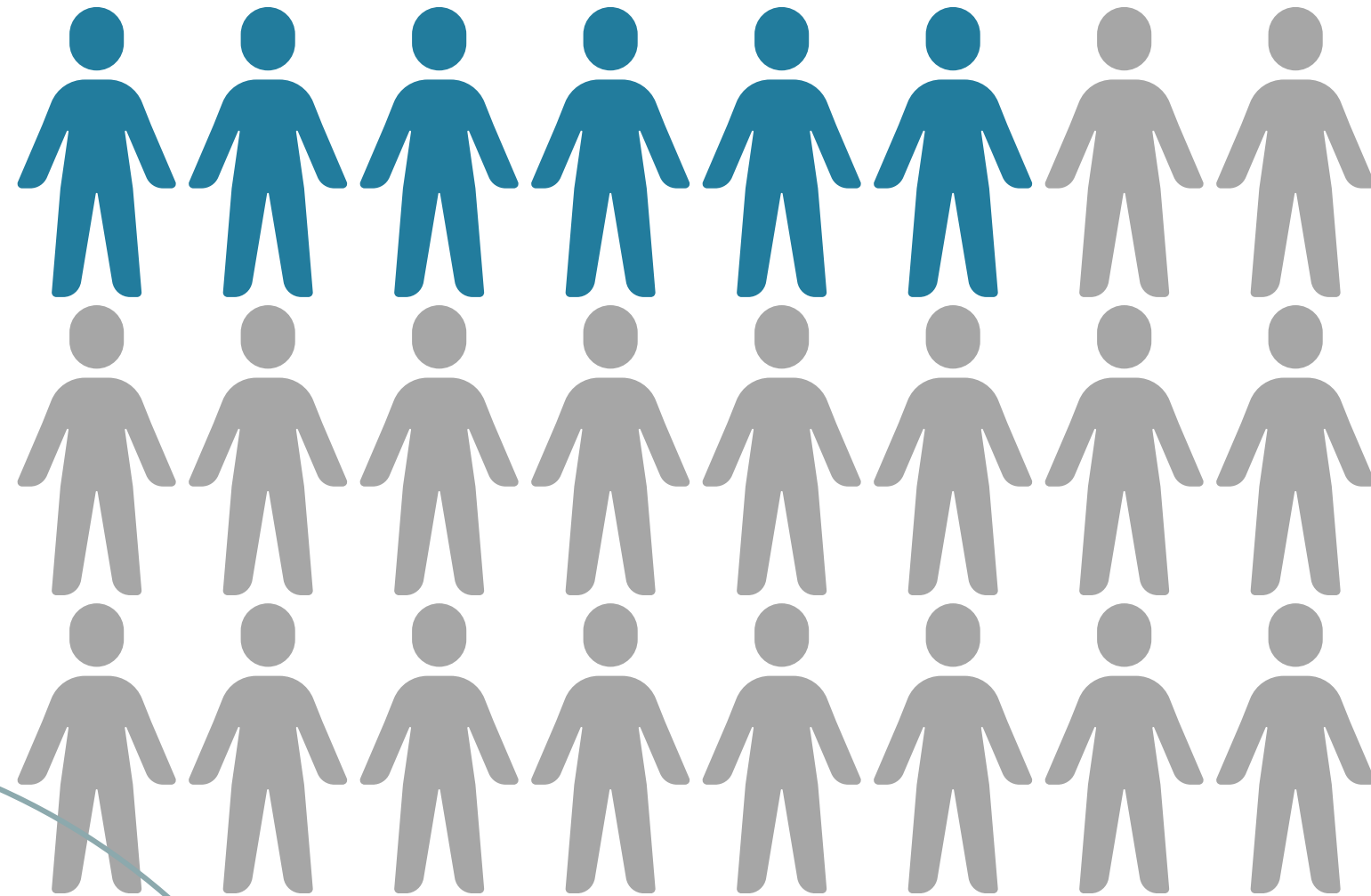
Arrival: 30.05.2023

Departure: 05.06.2023 before 14.00

Start: 30.05.2023 at 16:50

End: 05.06.2023 before 14.00

PARTICIPANTS' PROFILE



Aged 18 – 29

Youth workers | Mentors |

Able to communicate in English

Available during the whole duration of the project

Interested in personal development and mentoring

TOPICS

MENTORSHIP PROCESS

RELATIONS

OBSERVATION INTERVENTION REFLECTIONS

COACHING

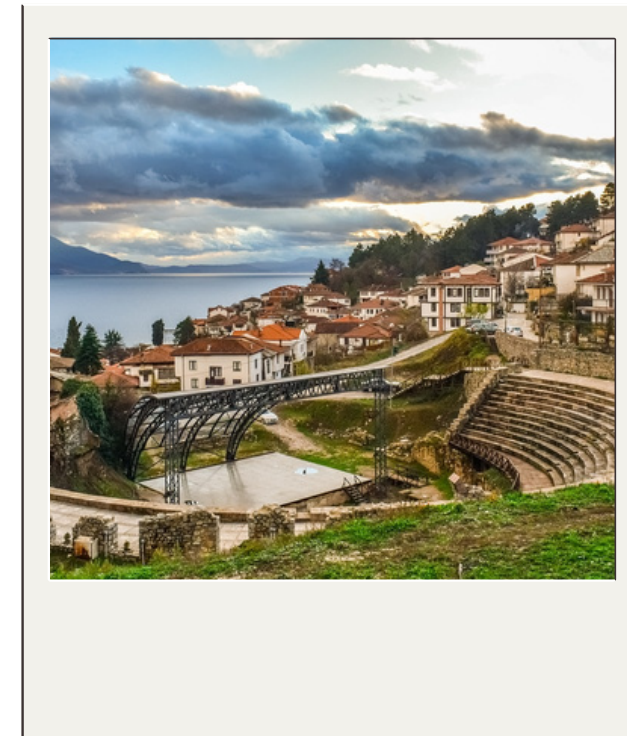
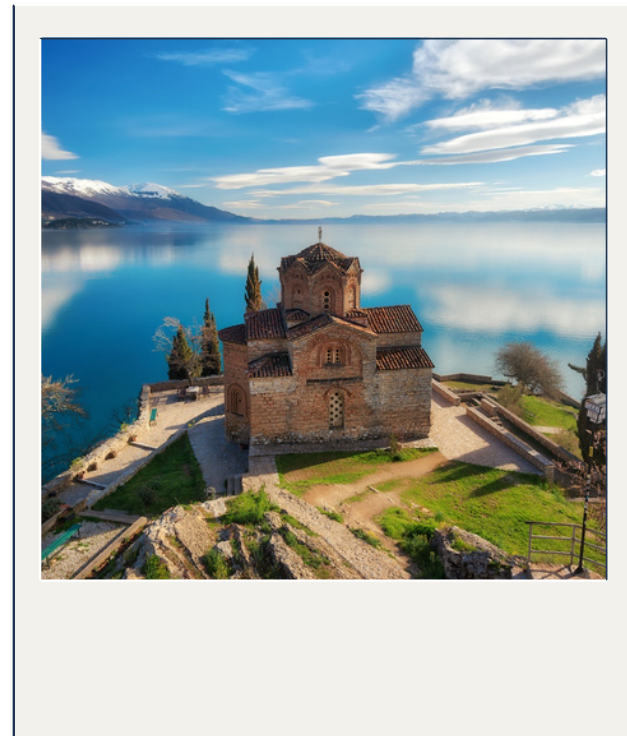


AGENDA

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
08:00 - 9:30	Arrival of participants (lunch for arrived participants)	Breakfast						Departure of participants
9:30 - 10:00		Morning reflection						
10:00 - 11:30		Young people today are...	Phase 1: Setting expectations, goals and ways of	Crisis management	Who am I as a mentor? - self reflection	Indicators for a successful process	Youthpass / Goodbye session	
11:30 - 11:50		Coffee Break						
11:50 - 13:20		Introduction in mentorship process	Simulation of an initial meeting	Phase 3: Reflection	Introduction to coaching	Free time in the city of Ohrid		
13:20 - 15:00		Lunch						
15:00 - 16:30		Why am I mentor?	Phase 2: Observation and intervention	Simulation of phase 3	Practicing coaching techniques			
16:30 - 16:50		Coffee Break						
16:50 - 18:20		Welcome, Introduction to the training, Get to know each other	Relations between the mentor and mentees	Simulation for phase 2	NGO fair	Practicing coaching techniques	Reflection and evaluation	
18:20 - 19:20		Dinner						
19:20 - 20:00	Reflection of the day							
20:00 - 23:00	Welcoming party	Camp fire	Free time	Camp fire	Free time	Farewell party		

LOCATION

VELESTOVO, OHRID, NORTH MACEDONIA



Jerusalem of the Balkans | 365 Churches | UNESCO World Heritage Site

Deepest and oldest lake in Europe | 1.36 million years old lake

Ohrid pearls | The Kingdom Of Macedonia

ACCOMMODATION



Red Cross House Velestovo

Bring your own towels and toiletries

Breakfast, lunch, and dinner provided

Accommodation and meals are covered by Erasmus +



FINANCIALS

North Macedonia	180 euros
Serbia	180 euros
Bulgaria	180 euros
Greece	180 euros

The reimbursement will be done in cash during the YE.

Before purchasing the tickets, please send them to us for approval, otherwise, we will not be able to reimburse them.

All participants must provide us with original tickets in order to be reimbursed.





PREPARATIONS

Partner organizations should select their participants and add to the Viber group no later than the **10th of May**.



The selected participants should fill in the **following Google Form**.

All additional information such as temperature in Velestovo, exchange rate, what to bring and organizing team, etc, will be shared in a Viber group once all participants are selected from each partner country.



USEFUL LINKS

Travel information for North Macedonia

<https://travelbans.org/europe/macedonia/>

Important telephone numbers:

https://macedonia-timeless.com/ger/plan_yourtrip/useful_information/important_numbers/

Explore Ohrid

<https://macedonia-timeless.com/eng/about/about/did-you-know/ohrid-city-light>

Explore North Macedonia

<https://www.globotreks.com/destinations/macedonia/14-facts-you-might-not-know-about-macedonia/>





YOUTH CAN NORTH MACEDONIA

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Get to know us via our social media:



ORGANIZER



FORUM CIVILNE AKCIJE FORCA

SERBIA

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СДРУЖЕНИЕ ПРОФЕСИОНАЛЕН ФОРУМ ЗА ОБРАЗОВАНИЕТО

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YOUTH ACTIVE MINDS

GREECE

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PARTNERS