



Organized by CENTAUR ART Foundation



PROGRAMME

EVENTS AND PRESENTERS

PSYCHODRAMA PROGRAMME

1.

PRESENTERS: Adriana Chukalova and Nikolai Zlatev



WORKSHOP: In pursuing the goal

INTRODUCTION AND SUMMARY:

This will not be another workshop about our victories and losses; it will explore the way we look at our goals. What we think about them, what we feel, do they bring pressure, or inspiration, or something else. How much we know about our goals? Are we focused, do we feel that we have the energy to pursue them or the energy should come from outside? Is

there something that blocks us? Which one is our most important goal? How do we deal with its importance?

It will not be a workshop where strategies will be offered, the group will explore its own truth.

„If you shut the door to all errors, truth will be shut out,, - Rabindranath Tagore

INFORMATION ABOUT THE PRESENTERS:

Nikolai Zlatev and **Adriana Chukalova** are trained in psychodrama at IPIGP "Bernhard Achterberg". They started to work as a team, leading psychodrama groups in 2008. Some of the participants in those groups are trained to use the psychodrama method in their professional work, others to use their personal potential, gain new knowledge and skills to deal with life, to resolve personal and interpersonal conflicts, etc.

2.

PRESENTERS: Albena Varsano and Ana Todorova

WORKSHOP: Two Together – Signs on the Road

INTRODUCTION AND SUMMARY:

The goal of this workshop is to give us a space for explore of an encounter with the



Other - the partner, the friend, the parent, the child, the colleague, the stranger. The encounter like an interaction and a point in which we can set a question about our representation in the relationship with the other, how we appreciate us, what are the limits that we put on.

Every participant by using OH cards “Tan Doo” will have the possibility to discover more about these aspects of relationship threw the Psychodrama and the group

INFORMATION ABOUT THE PRESENTERS:

Albena Varsano: Psychodrama assistant, who have had classes for psychodrama director;

PhD student at the Department "Slavic literatures"

Facilitator of workshops and trainings on international projects in Bulgaria, France, Africa and others.

Member of CoopLA-NET, an international group of experts developing interactive methods and role plays to work with stakeholders at different levels - local communities, government departments, NGOs, private sector and academics - in the field of environment, resource management, etc.

Ana Todorova: BA Psychology. MA Artistic Psychosocial Practices and Psychodrama. Psychodrama leader under supervision

3.

PRESENTERS: Bella Dinkova and Marieta Petrova

WORKSHOP: Social dimensions of using of the alcohol in our reality – a protective mechanism, a copy-strategy or a pleasure

INTRODUCTION AND SUMMARY:

Alcohol - one of the most widespread legal psychoactive substances and the most commonly used in our reality. What are the social dimensions in which the alcohol is present, how people perceive it in their life. Whether alcohol is a way of entertainment and a source of pleasure - something rooted in our traditions, or it helps us overcome social barriers. Does a man drink to hide or when he is hurt and suffers. Is this a defence mechanism and, if so, what it protects us from. Is a man lost in alcohol or it is a way of going through crisis situations. Where is the norm and how we can keep the balance?

INFORMATION ABOUT THE PRESENTERS:

Bella Dinkova – clinical psychologist, master degree - Sofia University “St. Kl. Ohridski”; accomplished therapeutic level in method psychodrama – Institute of psychodrama, individual and group psychotherapy „Bernhard Achterberg“; trainee in Cognitive behavioral therapy. Used to work as psychologist in Animus Association Foundation, working with children and adolescents. Actual workplace – Foundation Concordia Bulgaria as psychologist and social worker working with children and adolescents. Working as psychotherapist – private practice.

Marieta Petrova – psychologist, bachelor degree - Sofia University “St. Kl. Ohridski”; accomplished therapeutic level in method psychodrama – Institute of psychodrama, individual and group psychotherapy „Bernhard Achterberg“; trainee in Cognitive behavioral therapy. Working as psychotherapist – private practice.

4.

PRESENTERS: Bella Dinkova and Marieta Petrova

WORKSHOP: There is no time

INTRODUCTION AND SUMMARY:

There is no time ... For what we don't have time, for what we are late in our life, which ones are our biggest fears ...? Will our late be fatal for our life? Is there a traveler for every train? Do we have a plan or we are going with the flow...

INFORMATION ABOUT THE PRESENTERS:

Bella Dinkova – clinical psychologist, master degree - Sofia University “St. Kl. Ohridski”; accomplished therapeutic level in method psychodrama – Institute of psychodrama, individual and group psychotherapy „Bernhard Achterberg“; trainee in Cognitive behavioral therapy. Used to work as psychologist in Animus Association Foundation, working with children and adolescents. Actual workplace – Foundation Concordia Bulgaria as psychologist and social worker working with children and adolescents. Working as psychotherapist – private practice.

Marieta Petrova – psychologist, bachelor degree - Sofia University “St. Kl. Ohridski”; accomplished therapeutic level in method psychodrama – Institute of psychodrama, individual and group psychotherapy „Bernhard Achterberg“; trainee in Cognitive behavioral therapy. Working as psychotherapist – private practice.

5.

PRESENTER: David Ieroham, MD

WORKSHOP: The scene in the Psychodrama and a *surplus reality*

INTRODUCTION AND SUMMARY: ...

INFORMATION ABOUT THE PRESENTER:

David Ieroham, MD is psychodrama-therapists and psychiatrist. Founder and President of Psychotherapy 2000 Foundation—member of the Federation of European Psychodrama Training Organizations (FEPTO). Lecturer at the MA programme in Artistic Psycho-social Practices and Psychodrama of NBU. Co-founder and member of the Managing Board of the Bulgarian Society of Group Analysis and Group Processes (www.groupanalysis-bg.org). Publications in the field of psychotherapy and culture.

6.

PRESENTER: Dessislava Bozhkova

WORKSHOP: The Adopting IV: “The child is a father of the man”

INTRODUCTION AND SUMMARY:

The workshop traditionally examines the subject relations in the context of adoption.

The focus of the study this time will be the role of the father. The tendency to place an emphasis on the mother's unknown identity as less unknown than the father's, naturally narrows the scope in which we discuss the adopted person. By falling into the trap of the specific or the lack of real information we enquire, ask questions and block like adopted children, where a common feature is the difficulty of learning.

The study of the topic set in the "adoption context" similarly restricts us.

The workshop will try through the means of psychodrama, sociometry and group therapy to stir established beliefs and ideas. The participants will have the opportunity to lift the curtain and explore the illusions, the ideas, the pictures of the mind when we think where / when / who / ...is the father? We will try to work with the symbolic and the imaginary when there is no real information and try to get the way from blocking through spontaneity to creativity.

The workshop is suitable for psychologists, social workers, teachers and anyone who listen the subject in a more general sense.

INFORMATION ABOUT THE PRESENTER:

Dessislava Bozhkova is a psychologist specialized in consultative psychology and psychodrama - assistant at „Foundation Psychotherapy- 2000“. Member of the Bulgarian Psychology Society and the Bulgarian Association of Psychotherapy. For the last 12 years she is actively taking part in different activities and projects in the psychosocial area. Dessislava Bozhkova is involved with individual, family and group consulting of children and adults, supervising and consulting those working in the assistant professions, has after adoption group for support and group for personal experience. She is trainer Center for Education „Animus Association“ with applicant-adopters and adopters.

Her interests are in the area of Psychodrama, sociometry and the group therapy, theory of the object relations and their use as a methods for Individual and group psychotherapy.

Dessislava Bozhkova is the author of the books "Believing and Adoption" - an adult book, and "Adoption, or how they adopted me" - a book for children.

7.

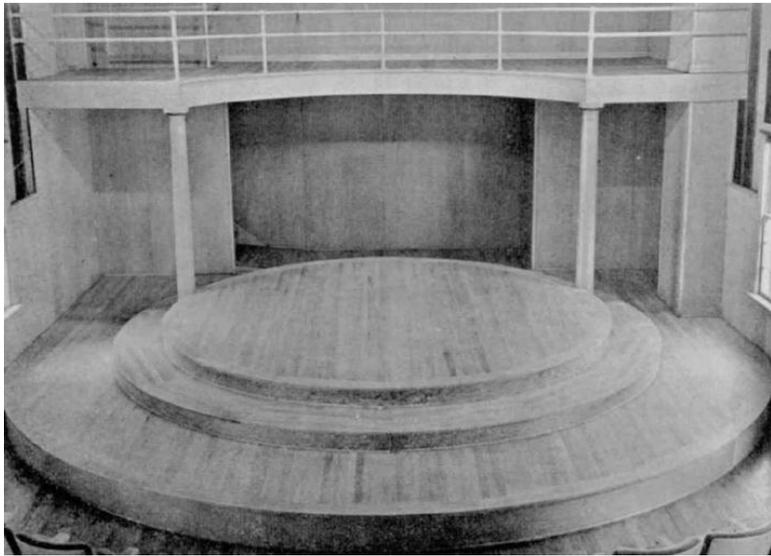
PRESENTERS: Desislava Kaytazova and Svetlina Koleva

WORKSHOP: The Audience

INTRODUCTION AND SUMMARY:

What brings you here, amongst the many? Where have you roamed alone?

Invitation to explore the role of the audience in Psychodrama.



INFORMATION ABOUT THE PRESENTERS:

Desislava Kaytazova is a psychologist, a graduate from the Master's Program "Child and Adolescent Psychology" at Sofia University "St. Kliment Ohridski", and a psychodrama-therapist certified by Foundation "Psychotherapy 2000". She has experience with leading psychodrama groups in multi-cultural environment as well as groups in organizational context.

Svetlina Koleva is a psychologist and a certified psychodrama-therapist at Foundation "Psychotherapy 2000". She is a therapist with private practice and leads a psychodrama group for self-experience. She works as an assistant professor in developmental psychology at Sofia University "St. Kliment Ohridski", also as part of the Master's Program "Child and Adolescent Psychology", teaching a special course "Work with Groups".

8.

PRESENTER: Dimitar Ganchev

WORKSHOP: The names – our remembrance meeting with the others

INTRODUCTION AND SUMMARY:

The Father ordered to turn the portrait of his son toward the wall, and forbidden to say his name" – Jean Paul Sartre – "The Words"

What is that unexpected thing that they encoded in our names? What is hiding at the "both sides" of the name? About the difference between names and nicknames. Working with names.

INFORMATION ABOUT THE PRESENTER:

Dimitar Ganchev - certified psychodrama assistant, is currently trained at psychodrama leader level

9.

PRESENTERS: Elena Evstatieva and Svetozar Dimitrov

WORKSHOP: The scene between the walls and the grids. The possibilities of the psychodrama for a work with people in closure institutions

INTRODUCTION AND SUMMARY:

This workshop undergo research about the place of psychodrama and adapted applications of the method as scenic vignets, monodramatic sessions in authorial institutions –prisons, psychiatric units, institutions for orphans, social places and etc. Focus of research will be the effort of therapist in building and supporting place for psychodramatic expression and from other site possibilities and difficulties for emotional work of single person or group. The intention of both directors is to support the desire for psychodramatic practice in severe institutional conditions and to give back courage of dsychodrama workers in meeting mental suffering.

INFORMATION ABOUT THE PRESENTERS:

Elena Evstatieva

Psychodrama therapist, Chairperson of the Managing board of the Bulgarian Society of psychodrama and group therapy and board member of PF Bulgaria, member of Networking Committee of FEPTO.

Svetozar Dimitrov

- Master of degree in clinical psychology; academic assistant in psychology in university of Burgas; educated psychodrama-director, member of educating board of psychodrama –institute D.E.A. for Burgas; psychodrama-director of group for emotional development in Burgas;

- Psychodrama activities: director of outpatient supporting group for people with schizophrenic disorder; facilitator of workshops for children from institutions, part of program “Art for social change”; director of psychodrama roll training group for teenagers from institutions; facilitating of process in therapeutic group, focusing on second generation victims of torture and political survivals; individual and group psychotherapy practice; psychotherapist activity with drug-addicted and in residual institution for psychotic patients.

Actual interests in sociodramatic work in middle and big groups; usage of psychodrama in student education and applied qualification.

10.

PRESENTERS: Galina Dicheva and Boryana Milcheva

WORKSHOP: The beauty and the beast – collision and fusion on the way to individualization

INTRODUCTION AND SUMMARY:

Psychodramatic perspective on the antipodes in us.

“Beauty and the beast” is a tale, known by young and old all over the world, becoming largely popular with its short version retold by Jeanne – Marie Leprince de Beaumont in 1757. The archetypes and countless meaningful symbols turn the tale into a classic through the ages, which not by a coincidence has been read, told and filmed over generations. This time, we invite you to dive into the fairytale world of the enchanted castle on the psychodrama scene, where you will have the chance to meet with your “beautiful” and “beastly” self, and to create your own fairytale end

INFORMATION ABOUT THE PRESENTERS:

Galina Dicheva is a psychologist and psychodrama-assistant, she is being trained as psychodrama therapist and has graduated the “Psychodrama and business” program at the Hiron Institute for Psychodrama Practices. She has also graduated the master’s program in Clinical psychology at the New Bulgarian University.

She is working as a psychologist in the social area with children and teenagers, as well with their parents, she is leading seminars in support of prospective adoptive parents and running psychosocial work to support adopters, foster families and adopted children. In her work she uses psychodrama and coaching techniques.

Boryana Milcheva is a psychologist and is currently in training for a psychodrama-assistant at IPP “Hiron”. She has obtained Master degree in “Work and Organizational psychology” at Maastricht University and is currently studying in the “Educational sciences” master program at Vrije Universiteit Brussel.

Her professional interests are in using the psychodrama method for therapy, human resources development, adult education and lifelong learning.

11.

PRESENTER: Inna Braneva

WORKSHOP: To fall into the White Rabbit Hole

INTRODUCTION AND SUMMARY:



There are moments, when everyone can feel lost. In time, in space. In himself, in his thoughts, feelings, in the people around. To lose the meaning, the purpose, the direction, the thread, the trace, the story, the orientation... Is it possible to find yourself, if you were never lost. Can you become addicted to this feeling of being lost. Does this losing give you extra powers or you totally lose

them. What do you do when you are lost.

This workshop explores the feeling that we sometimes experience of being lost and confused. And the process of looking for ourselves the new one, or the previous one, or just “Myself”.

INFORMATION ABOUT THE PRESENTER:

Inna Braneva: Psychodrama therapist – formed in a Psychotherapy 2000 Foundation /2008/. Psychologist. Relational psychomotricity therapist. Psychodrama trainer and

supervisor in a D.E.A. Psychodrama Institute. Leader of a psychodrama training group – Plovdiv.

Itinerant psychotherapist.

Individual therapy with children /0-12/, teenagers, adults, families. Group therapy, groups for personal development. Monodrama; therapy by stories and pictures; work with constellation.

Since 2003 she works in the field of professional training and supervision in social and educational institutions, by projects; in different towns. Main training themes: “Social work by Art”; “Working in a team, working on a case”; “Relational psychomotricity”; “Working with parents”; “Working with children with disabilities”, etc.

Author of a Methodic for work with children at risk /3-7/ at the kindergartens on the basis of Psychodrama and Relational Psychomotricity. Co-author of a Methodic for prevention of bullying and aggression in the school – based on a Psychodrama method.

Script-writer – co-author of two feature movies.

Excited by the psychodrama overflowing with art, dance, social work, personal research and individual development; existential quests. Inspired by the encounters of individuals and cultures. Touching the balance between inner and outer reality through authenticity and self-tolerance.

12.

PRESENTERS: Kalina Tosheva and Anzhela Hristoforova

WORKSHOP: Play and/or reality? Psychodrama with children like a reality that develop the emotional and the social intelligence.

INTRODUCTION AND SUMMARY:



In the proposed workshop the leaders will share, their therapeutic experience with groups of children with different types of difficulties - emotional, behavioural, and related to the inability to fit in different social groups of peers or significant adults/authorities. They will present different psychodrama techniques that help children

learn new social and emotional skills and behavioural styles.

INFORMATION ABOUT THE PRESENTERS:

Kalina Tosheva - clinical psychologist, psychodrama-assistant at the Institute for Psychodrama Practices "Chiron". Provides diagnostic, consultative psychological work with children and parents.

Anzhela Hristoforova - psychologist, psychodrama-therapist, psychodrama trainer at the "Chiron" Institute for Psychodrama Practice, Jungian psychotherapist. She practices psychotherapy for children and adults with psychodrama methods, analytical psychology with Jungian orientation.

13.

PRESENTERS: Kristina Nenova and Marieta Barzakova

WORKSHOP: The Other and I – How We Meet the Different

INTRODUCTION AND SUMMARY:

Meeting the other often raises questions about the different. Sometimes the different



unites us and sometimes it leads to conflicts in us or with the people around us.

Who is the other at this meeting – a partner, a parent, a stranger, a team, the society, the moral norms, etc. How do we react in a situation of clash of interests,

beliefs, views?

INFORMATION ABOUT THE PRESENTERS:

Kristina Nenova is psychologist and psychodrama psychotherapist. She is working at Animus Association Foundation. Kristina used psychodrama method in group activities with children and teenagers on the topics related to school bullying and other forms of violence. She works actively with the topic of mental health promotion and children's participation – empowering youths on the topics which concern them. Kristina is interested on the way the method could be useful for prevention of hate speech. Kristina

is also interested on the way the transgenerational traumatic experience influenced the life of societies.

Marieta Barzakova is psychologist and psychodrama psychotherapist. She graduated Psychology at New Bulgarian University and psychodrama at Institute for Psychodrama Practices “Chiron”. Marieta is working with children and adults within individual and group psychotherapy. The groups she is working with are therapeutic groups, self-reflection groups, groups focused on improving business skills or dealing with conflicts.

14.

PRESENTERS: Kristina Simeonova and Radina Ivanova

WORKSHOP: A parachute from dandelions

INTRODUCTION AND SUMMARY:

“In the middle of the heaviness staying the possibility” – Albert Einstein

What we can and cannot is a matter of perception. What are our strengths and weaknesses is also a subjective issue. In that case, what determines which is the best way to deal with a difficulty that has come to our way?

INFORMATION ABOUT THE PRESENTERS:

Kristina Simeonova

Forthcoming certification for bachelor’s degree in psychology in New Bulgarian University. I am Psychodrama assistant and currently in a class for Psychodrama Director (Institute for Psychodrama Practices “Chiron”, trainers: KalinaBoyadjieva and GeorgiDamyanov). Experienced in working with drug and alcohol addictions in the therapeutic community “Octava”. Experienced as psychosocial worker in the “Mother and baby” unit within the "Animus Association" Foundation.

Radina Ivanova

I am Psychodrama assistant (Institute for Psychodrama Practices “Chiron”, trainers: KalinaBoyadjieva and GeorgiDamyanov).



Bachelor of Psychology, Module - Clinical Psychology at New Bulgarian University.

Experience in developing and conducting trainings; development of vocational training curricula and programs for the improvement of the qualification of pedagogical specialists at the Institute of Human Resources.

15.

PRESENTER: Miroslava Hristova

WORKSHOP: A Gift for me

INTRODUCTION AND SUMMARY:

A gift is something we donate gratuitously, an object-symbol, a sign of our attitude to the person we give. During the workshop, each participant will have the opportunity, "here and now", to consider a gift prepared for him / herself. What would it be? By whom? What sense does it find in it? What feelings awaken? These are some of the issues that we will explore together.

INFORMATION ABOUT THE PRESENTER:

Miroslava Hristova is a psychodrama-assistant, a training level for psychodrama-leading to the training institute "Part de me" psychodramatic practice, experience with children and adults as a psychomotor psychoanalyst

16.

PRESENTER: Sofia Symeonidou /Greece

WORKSHOP: Human Rights and Sociodrama

INTRODUCTION AND SUMMARY:

- **"Make a step forward"** An Experience in a workshop on Human Rights training for Young People, from "Compass"- a Manual from the Council of Europe, for Human Rights Education- The participants can share a common experience on working about the same chances or not, for development in life.

The duration of the workshop depends on the number of participants. For example for 20 participants we need about one hour and a half. It is not required previous experience in any methodology.

- **Mapping the Human Rights on the Sociodrama stage.** This workshop can develop the work of the previous one and focus more deeply on the main issue of Human Rights, not as a theory but as an everyday practice. The methodology is going to be Sociometry and Sociodrama.

The duration of the workshop is about two hours and is not required previous experience in any methodology from the above.

INFORMATION ABOUT THE PRESENTER:

Sofia Symeonidou lives in Greece. She has a diploma in Social and Behavioral Sciences with major in Psychology and also has a diploma in Psychodrama and Group Psychotherapy since 2002. She is the main Trainer and the Director of the **Center for the Study and Application of Psychodrama in Thessaloniki** member of **FEPTO**.

Since 1997 she is working in the field for Human Rights in cooperation with a Greek NGO, **ARSIS (Social Organization for Youth Support)**, and specially in training for Human Rights in young people, young offenders, youth in danger of Social Exclusion. She provides supervision to scientific personnel of ARSIS, **Medicines du Monde** and other Organizations. She has a big experience in organizing and monitoring new methodologies for supporting social scientists and youth.

17.

PRESENTER: Svetlina Koleva

WORKSHOP: The Curtain

INTRODUCTION AND SUMMARY:

The curtain falls. The curtain rises. What is left behind? Am I peeking or hiding?



INFORMATION ABOUT THE PRESENTER:

Svetlina Koleva is a psychologist and a certified psychodrama-therapist at Foundation “Psychotherapy 2000”. She is a therapist with private practice and leads a psychodrama group for self-experience. She works as an assistant professor in developmental psychology at Sofia University “St. Kliment Ohridski”, also as part of the Master’s Program “Child and Adolescent Psychology”, teaching a special course “Work with Groups”.

18.

PRESENTER: Tzvetelina Iossifova

WORKSHOP: The Psychodrama and the Thing on the scene

INTRODUCTION AND SUMMARY:

INFORMATION ABOUT THE PRESENTER:

Tzvetelina Iossifova is psychodrama-therapists and group analyst with individual and group practice. Founder and Chairperson of The Red House Centre for Culture and Debate—member of the Federation of European Psychodrama Training Organizations (FEPTO). Lecturer at the MA program in Artistic Psycho-social Practices and Psychodrama of NBU. Co-founder and Chairperson of the Managing Board of the Bulgarian Society of Group Analysis and Group Processes (www.groupanalysis-bg.org). Publications in the field of psychotherapy, arts and culture.

19.

PRESENTER: Yana Moneva

WORKSHOP: The Temple of Apolon in the psychic reality

INTRODUCTION AND SUMMARY:

The Temple of Apollo in the Psychic Reality

A workshop where we will dive into the myth and nature of Apollo. In the classical period, Apollo was considered above all as a god of art and artistic inspiration. And there were temples of Apollo with oracles in many places in the Byzantine Empire, but the main cult center was the Delphic Temple. In this experiential workshop, in a creative way, we will try in a collective manner to touch the personal quests and questions of everyone who chooses to come.

INFORMATION ABOUT THE PRESENTER:

Yana Moneva is a certified Jungian psychotherapist at the Bulgarian Society of Analytical Psychology C. G. Jung and a psychodrama assistant at Psychotherapy 2000, she holds a Master's Degree in Clinical, Social and Child Psychology at Sofia University "Kliment Ohridski".

PSYCHODRAMATICAL LABORATORY

1.

PRESENTER: Inna Braneva

WORKSHOP: The Sadness that frightens us



INTRODUCTION AND SUMMARY:

When we are therapists, Sadness often visits. What do we want to do with it. What do we do. When the Sadness is not real. When it

is real. How to make the difference. When does she connects with us, with our own Sadness. Do we really have to be sad, when we feel compassion. How close to the other we go, when he feels Sadness. So many questions. Will they make us sad?

INFORMATION ABOUT THE PRESENTER:

Inna Braneva

Psychodrama therapist – formed in a Psychotherapy 2000 Foundation /2008/. Psychologist. Relational psychomotricity therapist. Psychodrama trainer and supervisor in a D.E.A. Psychodrama Institute. Leader of a psychodrama training group – Plovdiv.

Itinerant psychotherapist.

Individual therapy with children /0-12/, teenagers, adults, families. Group therapy, groups for personal development. Monodrama; therapy by stories and pictures; work with constellation.

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Author of a Methodic for work with children at risk /3-7/ at the kindergartens on the basis of Psychodrama and Relational Psychomotricity. Co-author of a Methodic for prevention of bullying and aggression in the school – based on a Psychodrama method.

Script-writer – co-author of two feature movies.

Excited by the psychodrama overflowing with art, dance, social work, personal research and individual development; existential quests. Inspired by the encounters of individuals and cultures. Touching the balance between inner and outer reality through authenticity and self-tolerance.

2.

PRESENTERS: Plamen Dimitrov and Svetozar Dimitrov

WORKSHOP: The horror of existing on inner and interpersonal scene. Psychodramatic research of fragments of fears inside and around us

INTRODUCTION AND SUMMARY:

The Lab is an invitation for a psychodrama meeting and study in between two perspectives – the Terror Management Theory and its implications for the individuality, groups and societies and the paradigm of the basic human fear of annihilation and subjectivity loss. The process will be focused on exploring the various degrees of fears expression and dynamics on the stage. Workshop leaders are to take the challenge to emphasize in parallel presentations the mass and social terror affects and public terror management policies with the accompanying effects of secondary victimization, self-blame and increased sense of nothingness of love object subjectivity and attachment termination, on one hand, and inner experience of existential helplessness and depersonalization as effects of significant objects loss, threatening situations, fears of depersonalization and expectations of harms, decease and severe punishment. Involvement in the process will allow for a better understanding of the inner „emotional map” of fears experience and the cultural impact on terror formation.

INFORMATION ABOUT THE PRESENTERS:

Plamen Dimitrov

- 33-yrs of professional practice in the areas of clinical, organizational and applied social psychology.
- PhD and DSc in Developmental psychology, Counselling in existential analysis modality (New School of Counseling and Psychotherapy, London/Amsterdam) and Applied social psychology (USA).
- Registered Organization Development Consultant. Applying psychodrama, sociodrama and sociometry in OD consulting in different sectors – business, education, social psychological research and interventions.
- Chairman of the Managing Board of the Bulgarian Psychological Society since 2001.

Actual interests in sociodramatic work in middle and big groups; usage of psychodrama in student education and applied qualification of teachers.

Svetozar Dimitrov

- Master of degree in clinical psychology; academic assistant in psychology in university of Burgas; educated psychodrama-director, member of educating board of psychodrama –institute D.E.A. for Burgas; psychodrama-director of group for emotional development in Burgas;
- Psychodrama activities: director of outpatient supporting group for people with schizophrenic disorder; facilitator of workshops for children from institutions, part of

program “Art for social change”; director of psychodrama roll training group for teenagers from institutions; facilitating of process in therapeutic group, focusing on second generation victims of torture and political survivals; individual and group psychotherapy practice; psychotherapist activity with drug-addicted and in residual institution for psychotic patients.

Actual interests in sociodramatic work in middle and big groups; usage of psychodrama in student education and applied qualification

3.

PRESENTERS: Yana Petrova and Stoil Atanasov

WORKSHOP: The importance of being spontaneous

INTRODUCTION AND SUMMARY:

We have forgotten to be alive. There are so many more interesting things to do. We are busy weaving our own shroud and building fences.

Let's mount the power of the last moment, because time has left us behind. We must run, we must get out of breath. To let the words fling like mad dogs, frantically, torn to pieces – trying to bite into that thing inside. The inner space between the heart and the lips, there before speech. A world of images, sounds and smells, a world that enchants, deranges, arouses, connects and frightens. It's terrifying not to talk, to hold your words back in the throat, until it hurts, until they burst the trachea.

Actually, there are no words and have never been.

P.S. Join this workshop in the last moment. We will come then. If we are alive.

INFORMATION ABOUT THE PRESENTERS:

Yana Petrova

Psychodrama-assistant certified by FEPTO in *Psychodrama, Sociometry and Group therapy training programme* led by Tzvetelina Iossifova and David Ieroham, M.D. I hold a master degree in *Clinical Psychology- psychoanalytic perspective* from New Bulgarian University, Sofia. In the last couple of years I have been working on unconventional communication models that utilize artist's perception and experience in relating brands to people.

Now these things never happened, but always are in the inner space of your body. To the physics of our communication and mythology that connects us in a single living organism.

To rudiments, hanging on a cord before words. To the imagination as a condenser of incapacities. To the role of an earthworm in the Garden of Eden...

Stoil Atanasov

Forthcoming graduation as a psychodrama leader from “Psychotherapy 2000” Foundation. He’s been engaged in physical theatre and psychodrama for more than 15 years. The creator of DING. Loves eating people.

MIXING SPACES PROGRAMME*

1.

PRESENTER: Alex Oma-Pius FRSA, England/Nigeria

WORKSHOP: Shakespeare’s Witches & Our Spirituality and Fantasies

INTRODUCTION AND SUMMARY:



Drawing inspiration from *Macbeth*, IROKO Theatre Company proposes to use African theatre methods and techniques to explore the world of Shakespeare’s Three Witches through movement, storytelling, drama, body language, facial expressions, dance, chant, chorus, narratives, rhythm and music.

Based on the Southern Nigerian belief that witches travel as birds at night, the fun, creative and improvisational workshop will explore the world and actions of witches and their metamorphoses into birds. Full of fun and excitement!

INFORMATION ABOUT THE PRESENTER:

Alex Oma-Pius FRSA (Fellow of the Royal Society of Arts, England), holds an MA (Dramatic Arts) degree from the National Academy of Theatre & Film Arts (NATFA), Sofia, Bulgaria. Alex is the Founder and Artistic Director of IROKO Theatre-in-Education Company, a registered charity in England, founded since 1996.

Alex devises the performances and workshops of IROKO in various venues across the UK and he leads the company's Continued Professional Development (CPD) training for teachers, librarians, heritage officers and people working within the mental health sector. Most recently, he designed the course work that secured IROKO the National Open College Network (NOCN) accreditation for its training program in African Theatre of The Everyday and IROKO Djembelody as an alternative method of relaxing body, mind and soul, using music.

Alex has worked and continues to work as a Consultant for renowned British institutions like the BBC, the Royal Shakespeare Company, The British Museum and the Museum of London where he is also a freelance tutor on Object Handling. He currently delivers workshops in various universities in Britain, introducing students to African theatre and drama as part of their World Theatre Studies programme.

Alex's contribution to the cultural life of the United Kingdom has been recognised by various bodies, notably the award he received from Mayor of London for his "outstanding contribution to the cultural life of Londoners".

IROKO Theatre Company, founded since 1996, is a registered charity in England. The company use the arts and heritage as a vehicle to advance the education, health and wellbeing of members of the public. To achieve this, we provide resources and hold training, research, exhibitions, workshops and performances using African theatre methods incorporating oral storytelling, drama, music and dance.

IROKO's work takes place in venues such as schools (including Special Educational Needs), Young Offenders' Institutes, prisons, community centres, libraries, hospitals, museums, etc. For example, our work in schools is designed to use the arts to enhance

the overall educational, mental and emotional development of the pupils. The company also holds Continued Professional Development (CPD) and Team Building workshops for teachers, librarians, heritage officers, people working within the mental health sector and other establishments in the UK. IROKO's work touches the lives of approximately 25,000 people per year.

IROKO is funded on a project by project basis while some of its work are funded through direct bookings by schools and other organisations and institutions.

Our philosophy is that our work should stimulate, inspire, educate and at the same time, it should be fun.



2.

PRESENTERS: Diana Aleksieva and Tsanka Georgieva

WORKSHOP: Psycho-social work on one Bulgarian short story

INTRODUCTION AND SUMMARY:

The literature for adults can be perceived also as a source of symbolic knowledge, as the story tales are for children. Metaphor which gives us opportunity to see and to talk about “things of live”. Old issues which are important for us, from the times of The Brothers Grim, seen in a contemporary way.

INFORMATION ABOUT THE PRESENTERS:

Diana Aleksieva - systemic psychotherapist and **Tsanka Georgieva** - social pedagogue. Trainers in Psychotherapeutic Institute of Social Ecology of Personality (PISEP). With

over 10 years of experience in working in prevention of risk behavior amongst pupils. Their work is directed towards implementing the systemic approach with the use of elements of arts like drawing, literature and other towards individuals, families, groups and communities. Along with her qualification in systemic approach and family therapy, Diana Aleksieva has finished her 1-st level in psychodrama training.

3.

PRESENTERS: Diana Garlanova-Slavkova, Ralitsa Danailova

WORKSHOP: Art + Therapy

INTRODUCTION AND SUMMARY:

What happens in the process of art therapy? A form of psychotherapy which applies the visual arts through the systematic approach. During the workshop people will be able to feel the communication between the visual product, the client and the leader in the group context.

INFORMATION ABOUT THE PRESENTERS:

Diana Stoyanova Garlanova – Slavkova: systemic art counselor

Rallytsa Andonova Danailova: systemic art counselor

4.

PRESENTER: Dimo Jechev

WORKSHOP: Integrity and Intimacy

INTRODUCTION AND SUMMARY:

Integrity is one of the most precious state of a human bean, a strong indicator for good health. On the other hand - intimacy is one of the most common longings. What happens when this longing is fulfilled?!? Does integrity stays, which means it is healthy? Or it scatters in all directions as skittles met by bowling ball... Or something else... This workshop is a great opportunity to explore your own integrity in the challenge of intimacy.

**INFORMATION ABOUT THE PRESENTER:**

In his work Dimo emphasizes on the experience of suppressed emotions which leads to internal freedom and peace. For this purpose he applies several methods – working with representatives – Family constellations, working with the body – Osho rebalancing, movement, dances, working with trauma, Tantra, Transessence, Zen consulting, working with the inner child.

5.

PRESENTER: Konstantin Banderov

WORKSHOP: Christian culture and a Psychodrama

INTRODUCTION AND SUMMARY:

In some of his texts, Jacob Moreno mentions the links between psychodrama and Christian culture. At the seminar we will probably explore some of these links. Probably we will explore our internal objects related to Christian culture and tradition. It is possible to present some vignettes and to discuss the possibilities and risks of combining these two cultural phenomena.

INFORMATION ABOUT THE PRESENTER:**Konstantin Banderov**

Psychodrama leader with 16 years experience in group and individual work with children, youth and adults. Training organization - "Psychotherapy 2000". Trainee of D.E.A. Psychodrama Institute.

6.

PRESENTER: Konstantin Kuchev

WORKSHOP: Discover Your Voice

INTRODUCTION AND SUMMARY:

To improvise is to follow your natural inner stream. We improvise all the time while we



communicate with people around us. We don't think how exactly should we do it, we just do it, because we want to reach the other person. During the workshop we will direct this inner stream to an inspiring expression with our voice and body. What can we create, when we resonate together? Anything we desire.

INFORMATION ABOUT THE PRESENTER:

Konstantin Kuchev is a musician and a composer. He writes music for kids and grown-up kids, for theatre and film. He likes to improvise with voice and violin.

7.

PRESENTER: Rositsa Bozhkova-Mihaylova

WORKSHOP: Exploration of the roles of the inner man and the inner woman

INTRODUCTION AND SUMMARY:



Did you ever find yourself after another disappointment in love to notice that somehow the pattern of relationships is repeated? Or that the other partner is once again turning

into what you want to escape from? And, did you ask who you actually see in your partner's face? And did not it happen to recognize your mother or father in the mirror or opposite?

We will explore these questions in brief in this workshop where by the roles of the inner man and woman we will explore our own projections from the deep.

INFORMATION ABOUT THE PRESENTER:

Rositsa Bozhkova -Mihaylova

Psychologist, doula, yoga instructor, Childbirth educator, facilitator of groups for self-development and courses for pregnancy and childbirth, author of the book "While I and you are one", founder of the studio for self development Yantra. Interests, studies and observations in the field of prenatal and perinatal psychology.

8.

PRESENTER: Snezhanka Soyanova

WORKSHOP: Communication in a group



INTRODUCTION AND SUMMARY:

An art-therapeutic workshop by sculpting

The desires and needs. An exploration how we agree with others about what they want from life.

INFORMATION ABOUT THE PRESENTER:

Snezhanka Soyanova

Sculptor and painter, stage designer, PhD student at the National Academy of Art, Major "Psychology of art, general education disciplines and art education".

9.

PRESENTERS: Valentina Marinova and Elena Krasteva

WORKSHOP: The Silenced Violence of Communism

INTRODUCTION AND SUMMARY:



Silence does not bring oblivion. Silence spreads like cancer. The concept is to show how some of the most detrimental consequences of our totalitarian past can be elaborated and transformed in drawing. These consequences concern our private and social life. The workshop presents parts of the year-long work of a group working on the topic. Facilitating a political

discussion is not a goal and will not be provoked intentionally. The participants should have a clear understanding that we are going to work with social trauma as reflected through a technique based on art therapy. Disputes about the essence and value of communism as a totalitarian system will not be permitted.

INFORMATION ABOUT THE PRESENTERS:

Valentina Marinova

MPsy, Sofia University “St. Kliment Ohridski”, 1992-1997

Psychotherapeutic training and education in systemic family and art psychotherapy in Psychotherapy Institute of Social Ecology of Personality, 1995-2002

Education in working in therapeutic communities of dependent individuals, KETEA, Greece, 2001

Intensive course of Process Psychology, Process Work Center, Portland, USA

PhD, Department of Pedagogics, Sofia University “St. Kliment Ohridski”, 2010-2012

Author of publications in the spheres of mental health and prevention, social, cultural and family health.

Enlisted in the Register of Bulgarian Psychotherapists since 2009

Participation in different projects in the social services sphere. Voluntarily work with marginalized communities. Organization of meetings dedicated to decommunization in Bulgaria and the former Soviet bloc countries.

Elena Krasteva

Bachelor degree in Psychology in National and Capodistrian University of Athens, 1997-2003

Master of Family and Couple Therapy, Universidad Pontificia Comillas, Madrid, 2003-2005

Publication in the book “Family in Different Cultures” (Cambridge University Press) dedicated to the comparison of the families in an intercultural research, presenting the chapter for Bulgaria.

Enlisted in the Register of Bulgarian Psychotherapists since 2013.

Psychotherapist, specialized in family and couple therapy. Individual and group psychotherapy. Grief group for parents who experienced a perinatal loss.

Participation in meetings dedicated to decommunization in Bulgaria and the former Soviet bloc countries.

10.

PRESENTER: Tzveta Balyiska – Sokolova

WORKSHOP: To expanding your potential – how the Play-back Theatre provoke and develops the individuality



INTRODUCTION AND SUMMARY:

In the workshop we will introduce you to the basic methods and techniques of the playback theatre, the participants will play the role of playback actors and will feel through their skin and feelings - what it is like to serve others while you constantly develop and grow your potential.

INFORMATION ABOUT THE PRESENTER:



Tsveta Balyiska-Sokolova graduated Sofia University St. Kliment Ohridski, Major Social pedagogy. In 2006 – National Academy for Theatre and Film arts “Kr. Sarafov” – Drama theatre acting. In 2013 she graduated Master’s degree in Artistic and psychosocial practices where she studies Psychoanalysis and Psychodrama. She defended Diploma’s thesis related to Playback theatre. She established the company “Here and now” and is artistic director there. Presently she is part of the European project VISI.ON (Visual Impaired Social Inclusion ON), as theatrical expert. She has participated in social projects – for children without parents,

with teenagers for prevention of aggression, etc. Tsveta believes that art is the best therapy and that it leads society to a social change.

WORKSHOPS FOR CHILDREN AND/OR PARENTS

1.

PRESENTER: Ivan Ralev

WORKSHOP: Skills for Living-How to develop and build the strengths of young people

INTRODUCTION AND SUMMARY:

This workshop is a result of the two-year experience of Identity Foundation's two projects (Life Skills Project, Youth World Project) and an information campaign (Youth Future Campaign) focusing exclusively on the development of social skills and competencies of young people from over 20 schools from the city of Plovdiv.

PRESENTER: Kalina Choleva

WORKSHOP: Welcome mom and dad!

INTRODUCTION AND SUMMARY:

Often in life parents are born all over again with the birth of their child. The cycle of life turns around and changes your existence. Parents need to reconsider their habits and change their lifestyle in order to fit in the new role as a parent.

How do I feel about that? How I am doing? How to go through the difficulties I face?

Welcome to the scene of psychodrama workshop "Welcome mom and dad", where you can learn how to face any surprises, fears and changes of your views about parenting.

Together we will search for the answers of these and any other questions that excite you.



INFORMATION ABOUT THE PRESENTER:

Kalina Choleva is child psychologist and psychodrama therapist, trained to Psychotherapy 2000 foundation. Some of the interests in her work are connected with studying the emotional relationship between mother and child from the womb and during the different periods of development as well as the well being of the children in the family. Other interests she has are connected with the parenting process and studying children's temperament.

Kalina uses Psychodrama method to work in a group therapeutic setting as well as individual sessions with children and parents and trainings.

She has experience working with underage mothers, disadvantage mothers and their children. Kalina also works with mental and physical disabled children, deprived of parental care.



PRESENTER: Konstantin Kuchev

WORKSHOP: Let's make a musical tale

INTRODUCTION AND SUMMARY:

An enchanting journey for children and grown-up children. We will create the characters, the setting and the plot together. We'll take the roles of our chosen characters. We'll create their original songs to turn the tale into a musical one. And in the end, we'll play the whole story and its music.

INFORMATION ABOUT THE PRESENTER:

Konstantin Kuchev is a musician and a composer. He writes music for kids and grown-up kids, for theatre and film. He likes to improvise with voice and violin.

4.

PRESENTERS: Lora Atanasova and Ani Shileva

WORKSHOP: My meeting with others – Art-therapeutic workshop for parents



INTRODUCTION AND SUMMARY:

The main task in front of the presenters is to show the power of various musical, theatrical and pedagogical techniques in the joint work of children and youth with and without disabilities. It will be presented the experience of the Parallel World NGO in work with disabled children and youth through art techniques.

Through the theatrical play, the participants will immerse deeply into emotions brighter than the sun, paler than the moon and enchanting like the starry skies. They will be and cheerful and sad, brave and cowardly.....and even more diverse. They will be heroes with many faces. In a whole performance of dancing, music and fun we will play for you right now, when the speech, the rhythm, the sound, the images, the faces, the bodies will turn their energy into a story, so beautiful and hard to be forgotten. We will be inspired, jolly, smiling, a bit tired though, and in the end, we will be pleased, knowing people's countless emotions slightly better.



INFORMATION ABOUT THE PRESENTERS:

Lora Atanasova is a pedagogue – creator and a musical therapist with great experience in work with children, including disabled children and youth. She uses a variety of teaching methods, art techniques, plays and riddles. She highly esteems learning through doing and experience approach. She's always ready to face the next challenge and eager to find more interesting methods, activities and combinations to be of maximum use for her students.

Ani Shileva is pedagogue and psychologist. She is experienced in therapeutic workshops for children and youngsters with special needs, in performing trainings for social skills for young people and in development and management of social projects.

She is a member of the “Parallel World” Society and a coordinator in the Foundation “Identity” and “37”. Social entrepreneur, trained in the first class of the Social Entrepreneurship Project Leadership Academy for Youth organized by Reach for Change Bulgaria and the Business Institute. She believes that the best way to learn is through experience and doing. She is always ready to learn more, to apply new and interesting techniques, to broaden her horizons. Ani's professional quests and challenges are related to a contribution to the Social Entrepreneurship Project Leadership Academy for Youth of the Identity Foundation.

5.

PRESENTERS: Yovka Hristova and Ani Shileva

WORKSHOP: Wool Stories – playing with wool – workshop for children



INTRODUCTION AND SUMMARY:

During the workshop the children will experiment different techniques of work with wool, will make their own projects with different forms and size – acorns, ladybugs, flowers, etc. They will participate in games to introduce themselves which will contribute for the

creation of suitable atmosphere and attitude for creative work. They will be given brightly colored wools, will be shown different techniques, using which they can make various forms and shapes. The children will be encouraged to create a fairy tale where the objects, produced by them, will come to life, will be part of the stage props, will serve the characters of the adventure. In the closing stage of the workshop the children will present the story, taking the role of characters, fairy-tale personalities and images.



INFORMATION ABOUT THE PRESENTERS:

Yovka Hristova is a pedagogue with long experience in adapting workshops for children and adults with disabilities. She is the author of “Woolen Stories”, a book that represents the wool creation of 43 different projects, adapted and ranked according to their difficulty. Yovka Hristova is one of the inspirational figures of Bulgaria for 2014 according to the “40 of 40” Darik Radio rating; provider of trainings according to the methods for early child development of Glenn Doman, Nikolay Zaitsev, Maria Montessori; trainer of art and labor therapeutic practices that cover work with wool, paper, textile and others. She is the founder of “The little workshop for miracles” and Foundation 37. The professional goals are related with the establishment of Center for Children with Special Needs in Sofia.

Ani Shileva is pedagogue and psychologist. She is experienced in therapeutic workshops for children and youngsters with special needs, in performing trainings for social skills for young people and in development and management of social projects. She is a member of the “Parallel World” Society and a coordinator in the Foundation “Identity” and “37”. Social entrepreneur, trained in the first class of the Social Entrepreneurship Academy organized by Reach for Change Bulgaria and the Business Institute. She believes that the best way to learn is through experience and doing. She is always ready to learn more, to apply new and interesting techniques, to broaden her horizons. Ani's professional quests and challenges are related to a contribution to the Social Entrepreneurship Project Leadership Academy for Youth of the Identity Foundation.

POSTER SESSION *

(FREE ENTRY)

PRESENTERS: Albena Varsano and Ana Todorova

POSTER SESSION: The Metaphoric cards Oh – the actual themes and stimulating the creativity

INTRODUCTION AND SUMMARY: ...



INFORMATION ABOUT THE PRESENTERS:

Albena Varsano: Psychodrama assistant, who have had classes for psychodrama director;
PhD student at the Department "Slavic literatures"
Facilitator of workshops and trainings on international projects in Bulgaria, France, Africa and others.
Member of CoopLA-NET, an international group of experts developing interactive methods and role plays to work with stakeholders at different levels - local communities, government departments, NGOs, private sector and academics - in the field of environment, resource management, etc.

Ana Todorova: BA Psychology. MA Artistic Psychosocial Practices and Psychodrama.
Psychodrama leader under supervision

GENERAL SESSIONS *

(FREE ENTRY)

1.

PRESENTER: Alex Oma Pius /England/Nigeria

INFORMATION ABOUT THE PRESENTER:

Alex Oma-Pius FRSA (Fellow of the Royal Society of Arts, England), holds an MA (Dramatic Arts) degree from the National Academy of Theatre & Film Arts (NATFA), Sofia, Bulgaria. Alex is the Founder and Artistic Director of IROKO Theatre-in-Education Company, a registered charity in England, founded since 1996.

Alex devises the performances and workshops of IROKO in various venues across the UK and he leads the company's Continued Professional Development (CPD) training for teachers, librarians, heritage officers and people working within the mental health sector. Most recently, he designed the course work that secured IROKO the National Open College Network (NOCN) accreditation for its training programme in African Theatre of The Everyday and IROKO Djembelody as an alternative method of relaxing body, mind and soul, using music.

Alex has worked and continues to work as a Consultant for renowned British institutions like the BBC, the Royal Shakespeare Company, The British Museum and the Museum of London where he is also a freelance tutor on Object Handling. He currently delivers workshops in various universities in Britain, introducing students to African theatre and drama as part of their World Theatre Studies programme.

Alex's contribution to the cultural life of the United Kingdom has been recognised by various bodies, notably the award he received from Mayor of London for his "outstanding contribution to the cultural life of Londoners".

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IROKO is funded on a project by project basis while some of its work are funded through direct bookings by schools and other organisations and institutions.

Our philosophy is that our work should stimulate, inspire, educate and at the same time, it should be fun.



2.

PRESENTERS: Anzhela Hristoforova and Kalina Tosheva

INFORMATION ABOUT THE PRESENTERS:

Kalina Tosheva - clinical psychologist, psychodrama-assistant at the Institute for Psychodrama Practices "Chiron". Provides diagnostic, consultative psychological work with children and parents.

Anzhela Hristoforova - psychologist, psychodrama-therapist, psychodrama trainer at the "Chiron" Institute for Psychodrama Practice, Jungian psychotherapist. She practices psychotherapy for children and adults with psychodrama methods, analytical psychology with Jungian orientation.

3.

PRESENTER: Dimo Jechev

INFORMATION ABOUT THE PRESENTER:

In his work Dimo emphasizes on the experience of suppressed emotions which leads to internal freedom and peace. For this purpose he applies several methods – working with



representatives – Family constellations, working with the body – Osho rebalancing, movement, dances, working with trauma, Tantra, Transessence, Zen consulting, working with the inner child.

4.

PRESENTERS: Psychodrama Festival team

GENERAL SESSIONS: Official Opening and Closing of the Festival

5.

PRESENTER: Sophia Symeonidou /Greece

INFORMATION ABOUT THE PRESENTER:

Sofia Symeonidou lives in Greece. She has a diploma in Social and Behavioral Sciences with major in Psychology and also has a diploma in Psychodrama and Group Psychotherapy since 2002. She is the main Trainer and the Director of the **Center for the Study and Application of Psychodrama in Thessaloniki** member of **FEPTO**.

Since 1997 she is working in the field for Human Rights in cooperation with a Greek NGO, **ARSIS (Social Organization for Youth Support)**, and specially in training for Human Rights in young people, young offenders, youth in danger of Social Exclusion. She provides supervision to scientific personnel of ARSIS, **Medicines du Monde** and other Organizations. She has a big experience in organizing and monitoring new methodologies for supporting social scientists and youth.

6.



PRESENTERS:

Director: Tzveta Baliiska- Sokolova

Musician: Konstantin Kuchev

Acters: Yanitza Atanasova, Martina Veleva, Violina Vasileva, Vasil Spasov,

GENERAL SESSION:

Playback Theatre "Here and Now"

SUMMARY :

Playback Theatre "Here and Now"- the theatre of your story.

What's playback theatre? Come and see for yourself! It's hard to explain it, because every performance is unique and every participant experiences it differently. In

improvisation theatre style, through spontaneity and creativity we play back your story seconds after you tell it- and beyond this you decide which actor plays what role. Also you choose to participate or just to watch the performance. In any case you have the opportunity to see yourself from outside in. To leave your comfort zone and to understand experiences and feelings of others. And to connect with your own in a different way. You can have fun, laugh, get sad or to be moved- the pallet of emotions in every performance is motley and various. You can get angry or nervous, you can get cheerful or experience catharsis- in every case you won't be indifferent. Playback theatre is like life itself- colorful, varied and unpredictable. Playback Theatre "Here and Now"- look at life from different angle!

Playback theatre "Here and Now"- the theatre of your story.

Almost 40 years playback theatre gives space for encounter through art, spontaneity and creativity. In Bulgaria this type of theatre is not familiar but we believe it's time to get out of shadow and to become popular here in time when we need tolerance, understanding and integrity more than ever. With its psychodrama roots playback theatre get-together art and psychology. It's place either for fun, insights or catharsis. It gives us opportunity to leave our comfort zone, to challenge ourselves or just to know that we're not alone, that our feelings and experiences can be shared and understood. With every performance playback theatre weaves thread in the cloth of unity,

mutuality and authenticity. I'm pleasantly surprised. I haven't seen anything like this. I've expected something pleasant and interesting, but I'm charmed. You gave me more than I expected. I'm very impressed by the concept. I'm impressed that I laugh and I cried. If you ask me this is theatre! I don't know if this was theatre.....No, it was! It had a lot of psychology in it. It touched me! The most exciting thing that happened to me for the last couple of weeks! Congratulations! In my opinion everyone must see playback performance, because it's a new experience and because it challenges you to go to the stage and share something personal. A person can feel strong emotions and can be a part of the performance. And also to feel something different from everyday life. My impression of the actors is excellent I think they support each other very well. This not exactly theatre. Someone probably will say that's not exactly theatre. But it think it is, because interacts with audience very well. It's unique every time. It never repeats itself. You can feel it even better than the conventional theatre. You see different aspects of the story you've missed or saw differently than. I highly recommend it! Your playback company is really good. Find out more at theatrehereandnow@wordpress.com
Facebook: Playback Theatre "Here and Now" Playback Theatre "Here and Now" - where the magic happens.



7.

PRESENTERS: Violina Vasileva, Vasil Spasov, Nevena Dencheva, Yanko Velkov

GENERAL SESSION: "You will never see me again" - Forum Theatre

INFORMATION ABOUT THE PRESENTERS:



“Theatre Tsvete” was founded as a social theatre formation in 1993 by graduates from the Puppetry Department of the National Theatre and Film Academy in Sofia. On April 13, 1999 it was registered as a non-profit association under the law for the individuals and the families. In 2013 the association was re-registered under the Law on non-profit organizations as carrying out public benefit.

Actors work with and for children and young people and their environment to create conditions for their future positive

social inclusion, regardless of their background and abilities:

- to develop their personal potential and build a system of values; – for the prevention of involvement in acts of violence, ethnic intolerance, STDs, human trafficking, drugs;
- for the inclusion of disadvantaged adolescents: from minority ethnic groups, deprived of parental care, homeless, with physical and intellectual problems, with deviant behavior, school dropouts, victims of violence and armed conflict;
- for their involvement in peer-to-peer youth networks for informal civic education in the UN Convention on the Rights of the Child.

The actors use theater and drama techniques for informal civic education among adolescents. The audience is not just a spectator but also a participant in the interactive performances. In the working sessions students learn by experience, not by studying how to deal with life’s problems.

To facilitate successful involvement of young people from marginalized communities in the social life the team works to break the stereotypes in the public attitude towards them. Part of this work are the public presentations of theatrical performances in which they participate, together with their peers.

Leads national and international trainings and sharings of experience using of drama and theater techniques in the social work of educators, actors, social workers, young volunteers (in the Balkans, Western Europe, U.S.). Seeks cooperation with parents, state and municipal institutions, NGOs, mass media.

Winner of international awards.

Member of the International Association for Drama / Theatre in Education IDEA, the National Network for the Children, the World Association of Puppet Theatres UNIMA, the Association of Bulgarian Puppet Theatre ACT Association for pedagogical and social assistance to children FICE – Bulgaria and the National Alliance for Social Responsibility.

EVENING PROGRAMME*(FREE ENTRY)

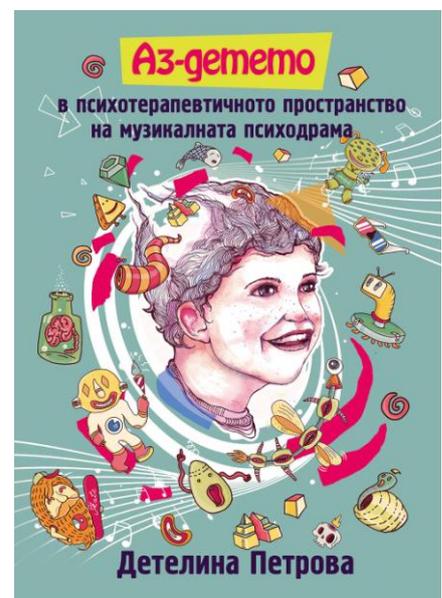
1.

PRESENTER: Detelina Stoimenova-Petrova

EVENT: Book Presentation “Me-the child in the psychotherapeutic area of the musical psychodrama”

SUMMARY:

Music and drama have been inextricably linked for centuries. Therapeutic methods related to them - Music therapy and Psychodrama can be applied to a wide range of people regardless of their education, age or talent. When the two therapeutic methods unite, an indivisible alliance is obtained. It has the elements of psychodrama, but it is also a form of music therapy because of the role played by music in the therapeutic process. The method was created by Joseph J. Moreno and is called Musical Psychodrama.



INFORMATION ABOUT THE PRESENTER:

Detelina Petrova was born in Kyustendil in 1974. Graduate of Academy of Music in Plovdiv - 1997 - Bachelor: Music Pedagogy; 2004 - Master's Degree:

Media Music Editor; 2016 - Master: Music therapy. Member of the Bulgarian Association of Music Therapy. She has worked as a music teacher, director of children's ensembles, musician, music editor, sound engineer, music journalist, author and music radio presenter. Creative searches related to the music-child relationship and to using of music for non-musical purposes. Music to help shape and correct the mental functions of children and adolescents, music as a means of reducing the symptoms of mental anomalies in children and adolescents, music as prevention and improvement of their mental health and enhancing emotional intelligence.

2.

PRESENTER: Elena Evstatieva

EVENT: The continuing of a psychodrama formation of a psychodrama therapist /leader

SUMMARY:

Presentation of good practices in FEPTO and other international psychodrama associations in the continuing training of psychodramatists. Programs and initiatives of BSPGT.

INFORMATION ABOUT THE PRESENTER:

Elena Evstatieva

Psychodrama therapist, Chairperson of the Managing board of the Bulgarian Society of psychodrama and group therapy and board member of PF Bulgaria, member of Networking Committee of FEPTO.

3.

PRESENTER: Elena Manolova

EVENT: Let's feed our roots.

SUMMARY:

Live "here and now", look ahead, think about the future. But what about our past, where we started from, our roots?



INFORMATION ABOUT THE PRESENTER:

Elena Manolova: I met psychodrama a long time ago without knowing that this was She. Later I started training myself and I think that this is the method that has attributed to greatest extent for my professional and personal development.

Soon I will graduate assistant level in the training programme of Psychotherapy 2000 Foundation.

I studied clinical and social work at New Bulgarian University. I specialized in the field of Organizational behavior and I am a trainer in group dynamic training. For a long time I was involved with training of adults and I worked with groups in a team with psychodramatists. During the last several years I mainly provide online consulting. I use psychodrama in my work and I think that it gives me the great freedom to "touch" the client.

4.

PRESENTER: Iliyana Kalinova

EVENT: Five special, amazing, remarkable books READ AND WILL NO LONGER REMAIN THE SAME!

SUMMARY:

The proposed five books are fascinating and inspiring. In the base of the each one of them differently, the question of change, development and growth – key factors for any successful person.

These are my favorite books that I want to share with you, because I know that sharing is a powerful impetus for inspiration and development.

INFORMATION ABOUT THE PRESENTER:

Iliyana Kalinova

My professional experience I gained in the training of students in social skills by developing and conducting training programs "Career counseling and personal development", "Leadership" and ""Trip to the success". My favorite topics are related to motivating teenagers in their personal development and finding their way in life and improve personal competencies and behavioral skills. I believe that our young people have incredible charge and resources for accomplishing their goals.

5.

PRESENTERS: Inna Braneva and Evelina Yankova

EVENT: Discussion "Psychodrama and Education"

SUMMARY:

What can the psychodrama give to the education? Does the psychodrama have place in the practices in school, in kindergartens... What are the expectations, and what are the defined requests from teachers, parents, school psychologists, the institution.

What are also the needs of the children and the teenagers, where the focus is in, but often they are out of reach from the adults understanding after all.

There are many realized projects in Bulgaria on the basis of psychodrama for working with students, mostly in prevention of aggressive behavior and the development of self-knowledge skills range. But they often stay local, and only for the time when the specific project is financed.

The discussion will not solve problems, but may be it will give possibility for meeting of the different participants and sharing the points of view, experience, discussing an ideas and proposals.

Everyone is welcome!

INFORMATION ABOUT THE PRESENTERS:

Inna Braneva: Psychodrama therapist – formed in a Psychotherapy 2000 Foundation /2008/. Psychologist. Relational psychomotricity therapist. Psychodrama trainer and supervisor in a D.E.A. Psychodrama Institute. Leader of a psychodrama training group – Plovdiv.

Itinerant psychotherapist.

Individual therapy with children /0-12/, teenagers, adults, families. Group therapy, groups for personal development. Monodrama; therapy by stories and pictures; work with constellation.

Since 2003 she works in the field of professional training and supervision in social and educational institutions, by projects; in different towns. Main training themes: “Social work by Art”; “Working in a team, working on a case”; “Relational psychomotricity”; “Working with parents”; “Working with children with disabilities”, etc.

Author of a Methodic for work with children at risk /3-7/ at the kindergartens on the basis of Psychodrama and Relational Psychomotricity. Co-author of a Methodic for prevention of bullying and aggression in the school – based on a Psychodrama method.

Script-writer – co-author of two feature movies.

Excited by the psychodrama overflowing with art, dance, social work, personal research and individual development; existential quests. Inspired by the encounters of individuals and cultures. Touching the balance between inner and outer reality through authenticity and self-tolerance.

Evelina Yankova – psychodrama assistant, at the end of a graduation level about psychodrama director, which is to Hiron Institute for Psychodrama, where is a full member. It will be a „Psychology“ graduation program in New Bulgarian University and a member of Bulgarian Society for Psychodrama and Group Therapy. I am currently being trained in a group of psychodrama, for children to Sezenen Institute - Germany. I have been working with children and families in a risk.

I have interests in psychodrama since I was in a self experience group in 2003. Since then I am visiting forums, seminars, trainings and academies, which includes psychodrama technics in a different ranges, from a psychological to therapy work.

6.

PRESENTER: Konstantin Banderov

EVENT: Family (photo) studio

SUMMARY:

The idea is to combine role play and photography and to include equal children and parents (adults) in the process.

INFORMATION ABOUT THE PRESENTER:

Psychodrama leader with 16 years experience in group and individual work with children, youth and adults. Training organization - "Psychotherapy 2000". Trainee of D.E.A. Psychodrama Institute.

7.

PRESENTER: Stoil Atanasov

EVENT: DING 2

SUMMARY:

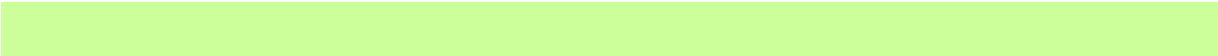
How close can we be? How close can you get to me? I want to love you, but I haven't learned how. I will tear my eyes out and will give them to you – as a present. I want to know – will you leave me blind.

INFORMATION ABOUT THE PRESENTER:

Stoil Atanasov

Forthcoming graduation as a psychodrama leader from "Psychotherapy 2000" Foundation. He's been engaged in physical theatre and psychodrama for more than 15 years. The creator of DING. Loves eating people.

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EVENT: PARTY with music, dancing and ...

ADDITIONAL PRORGAMME INFORMATION:

PSYCHODRAMA PROGRAMME - consists of psychodrama workshops of presenters formed as psychodrama therapists, psychodrama presenters or psychodrama assistants.

PSYCHODRAMA LABORATORY - includes workshops of leaders, formed as psychodrama-therapist, psychodrama-leader or psychodrama-assistant, experimenting with the psychodrama method.

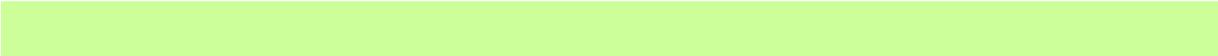
MIXED SPACES PROGRAMME consists of psychodrama workshops of presenters formed as psychodrama therapists, psychodrama presenters or psychodrama assistants who experiment through psychodrama and different approach when working with people

WORKSHOPS FOR CHILDREN AND/OR PARENTS - workshops of leaders, formed as psychodrama-therapist, psychodrama-leader or psychodrama-assistant working with children, young people, and/or parents, as well as workshops of leaders in other professional contexts and learning (art, social sphere, others) who also work with children, young people and/or parents.

POSTER SESSION - open and free session to which all the participants of the Festival are invited.

GENERAL OPENING AND CLOSING SESSIONS - open and free sessions to which all the participants of the Festival are invited.

EVENING PROGRAMME consists of shows/spectacles, discussions, ateliers, movies, book presentations, etc. For all the participants and guests of the Festival - free entry. Payment required only for the party.



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For more information, please contact the team working on the organization of the Festival at email: e-mail: centaur_art@abv.bg